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PROVERBS 3:5-6

Proverbs Series

I'm going to share with you about an outreach that we're going to start on October 19th. But before I can tell you about the outreach I have to step back and explain to you what God has done in my life so that you have an understanding about this outreach and why we're doing it.

Some of you have noticed that I've lost some weight. I feel great. I lost weight by combining three things together: Good science, latest science kinds of things that were very helpful, but I also understand the human heart and in trying to help my heart deal with cravings for food and the things my heart says to me when I'm stressed or things my heart says to me when I'm hungry. Those kinds of things are important to me. So understanding the heart is really important for me. The third thing that converged was just my spiritual walk with Christ because that gave me strength and power to meet the challenge of losing weight in my life.

I lost quite a bit of weight, but I was interested to know if this would help other people or it was just something God was doing in me. So one month ago on August 14th I started telling other people about this, trying to interest other people in doing something like this, and trying to feed them information about the Lord and about their heart and so on to. Try to give them a way to also move forward. I'm excited about what God has done in people's lives. Eighteen people have already started working with me in this and I am coaching them in their understanding of health and eating better.

So I want to take this to Robbinsville. What I want to do is we're going to do an outreach called Get Fit Robbinsville. What we're going to do is we're going to send a mailing to every home and we're putting signs up on the roads and we're going to put fliers up in stores and we're going to hand out postcards to people so that they can hear about it. The goal is to help people lose weight. That's what we're going to do. Help people lose weight, but we're going to help them understand a hunger for God.

Three professionals are getting together in order to present this to our town. Dr. Scott Turansky, who is a pastor, Joanne Miller, RN-BSM, who is a nurse, and Amanda Miller, MSATCLAT athletic trainer are all getting together to support people in Robbinsville to lose weight.

In the midst of that this is an outreach that everybody knows right from the get go and all the advertising out there that this is sponsored by Calvary Chapel. There's a disclaimer right in there that we're going to talk about faith because our desire is to help people get a hunger for God. That is our desire.

See, when Jesus was here on earth He ministered to people's physical needs. He healed the sick, He took care of the lame, and He healed the blind people. He brought food to people. He brought food to them. When He was talking to the woman at the well He used water to describe a living water. After He fed the five thousand He talked about the bread of life to talk about a hunger that people can have.

I'm convinced that if Jesus were doing an outreach in Robbinsville He probably wouldn't feed the five thousand (there are 5,000 homes in Robbinsville). He wouldn't be feeding those 5,000 homes because most of those homes don't need food. These are affluent people that live in our community for the most part. What they need to learn is to manage their appetites. I'm convinced that what Jesus would do is He would help them manage their appetites and He would introduce them to a hunger for God. That's what we're going to do starting October 19th.

I've developed much of what you see here and what you've been doing and I could use some help. In order to promote this, we need some help getting the word out. If you would be willing to help with this then respond to the email you're going to get this week. If you don't get the email you better start getting them because I'm going to describe what I just described to you now in an email and a video. If you're interested in helping out, would you just respond to the email "Yes, I'll tell people about this" or "I'll take fliers around Robbinsville." There are so many things we can do to get the word out.

Our desire is to blitz the city of Robbinsville or the town of Robbinsville and let people know that we at Calvary Chapel are interested in their physical health, and we want to help them understand about spiritual health so they can move that into other areas.

The thing that makes this work is that two-thirds of the American population are at least ten pounds overweight. People are feeling the symptoms of that and also they're getting blood test results back that are saying, "You've got a problem here." People are saying they want to get fit. So six weeks before Thanksgiving, six Sundays we're going to meet at one o'clock in the afternoon and we're going to help people know how they can get that health and they can move forward. We're going to build relationships with people and we want to introduce them to Jesus Christ as well. So would you pray for us as we go forward? Participate in that as you are interested to help us support this outreach we want to do as a church.

Open your Bibles with me to the book of Proverbs. You can open to Proverbs 3. As you open God's word I'd like us to pray together. I've been thinking about God's love and one of the songs we sang was about God's love. I'd just like to draw us to prayer, focus on that idea of love as we come before God.

[PRAYER] Heavenly Father, because you've created us, we ought to love you. Because you redeemed us by sending Jesus Christ to be our Savior, we ought to love you. Because you've made so many promises to us, we ought to love you. But Lord, sometimes that love is a challenge as we move forward in our lives knowing exactly what that looks like. We owe you more than our whole selves, but that's all we have to offer. And sometimes that's hard for us to do. So we ask you to draw us into your love. I'm just reminded of the passage in 1 John that says *we love because you first loved us*. So Lord, I ask that you would allow us to be embraced by

that love, to be wrapped up in the love that you provide for us. Lord, we know that that love that you provide for us meets us in a deep place inside of our hearts, deep within. Lord, I know that some of these people are hurt, damaged by living on this earth. They're suffering in various ways in their body or in their heart. We know that your love can wrap around those things and bring healing inside of our hearts and lives. So we're asking you to do that. Lord, give us so much love that it is out of that love that we will then share with others, that we would be willing to pass on that love. I ask that as we continue to grow as the community of love in this fellowship here that people would see our love for you and our love for each other and be attracted to that love and want to be a part of it. Grow us, Father. Stretch us. Help us understand more about what that love means for each one of us individually. In Jesus' name, amen.

They call it the human race that we're in. I find that many times we're running and running and running and then when we take a break we cram that break with entertainment so that we can have just a little bit of a break from the running. Then we get back up the next day and we're running again. We live in a very busy world and I think that there may be time to opt out of the human race and learn how to stand in the presence of God. When we stand in the presence of God, even though we are still running, we are able to experience His joy and His love and His peace that He wants us to have, and it changes who we are.

Last week I ran through a couple chapters of God's word and gave you sixty-three points in one message that have to do with the book of Proverbs. We tried to put them in categories and so on. To make up for that, today I'm going to have one point in this message. One point that I think is strategic for us in helping us understand what God would have in our lives. This point that I want to bring to you is the most important thing. We're going to look at the book of Proverbs and we're going to see what is the most important thing that Proverbs draws out. We're going to go in and go through the different verses about this one very important thing.

We're going to start with and use as an umbrella verse Proverbs 3:5-6. If there's one message that God would have for us, I believe one thing that He would have us learn from this particular passage is that we would entrust our hearts to God.

Entrust our hearts to God. What does that mean in practical terms? It's important for us to recognize that Proverbs here is talking about purpose, our purpose in life. If I can help you get in touch with the why you're here, then the how and the what start to fit into place. Why am I doing all of this? What is all of this about? If we can tie into our purpose and understand what that looks like, then God can do some significant things inside of us.

So let's look at Proverbs 3:5-6. *Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.*

It's interesting that "In God We Trust" is stamped on our currency. The question is, is it stamped on our hearts? That's what we need. We need it placed in our hearts so that we can say that we trust God, but do we actually do it? Do we put it into practice? Do we actually trust Him? There are lots of reasons why we might trust God.

King Solomon, the wisest man that ever lived, chooses one reason in this passage that we want to trust Him and that is because He will guide us, He will lead us, as the last phrase talks about. *He will make our paths straight.*

When we look at the word *trust* in this passage, it's the idea of putting your confidence in. The next phrase says *lean not*. The idea of leaning is put your weight on. *Don't lean on your own understanding*. Don't put your weight on, but rather put your confidence or your weight in God.

An example might be when you go to bed at night you don't leave one foot on the floor and lay on your bed with one foot on the floor wondering if the bed is going to hold you up. Kids will jump on the bed. I don't jump on the bed, not any more anyway. Now I fall into bed. But either way there's a sense of confidence that I have in my bed that I'm leaning on it. I'm trusting that it's going to hold me up. I would suggest that we want to confidently rest our hearts on the bed of God's grace.

I think some people have half-hearted trust, which is probably not a trust at all. If you have one foot on the ground and then the other trying to lay on the bed, that's not really trusting or having confidence in the bed. I would suggest that there are a lot of people who don't have a lot of trust really in their lives. They talk about it, but it's more than a Sunday thing. It's more than just words that come out of our mouth. It's the actions that we live every day.

I was pondering this week why do people not trust God in the day-to-day activities of their lives? Why don't they? Maybe it's because we are so busy. We are busy people. We're distracted and so we don't trust the Lord. Maybe because it takes some practice to trust the Lord. It's like a habit. You've developed this practice – “Okay, I'm going to trust God today in this meeting or the way I'm driving here or what I'm doing here. I'm going to trust Him in how I'm handling each area of my life.”

Sometimes we say “think before you speak.” I think we can also say “trust before you act.” There's a sense of working it out and putting it into practice and learning how to do that.

What does that trust look like in each one of our lives? I think it means we're doing it on a regular basis. It's part of who we are. We're learning a new habit of trusting in the Lord. Maybe it's because we don't believe that God can hold us up sometimes, so we take control back and we say, “God, I'll take care of this one. Don't worry about it,” and we don't put ourselves in that trust.

But Solomon has given us an idea here of why I think some of us don't trust in the Lord at certain times. It's because we *lean on our own understanding*. We have our own ideas about what that would look like. We don't lean on the Lord because we have our own understanding of what that would look like in our own lives. We have to ask ourselves, “Am I going to trust God? Or am I going to lean on my own understanding?” I think that's what the passage is calling us to and what it means for us in our lives.

When I made a choice to lose weight, I had to wrestle with some idols that I knew existed in my life that were getting in the way for me in my heart. One of them is I have a lot of energy and I'm

a very productive person. I'm on the go all the time and it used to be that when I would feel a little bit slower then I would eat because that would give me more energy, of course, and I would be able to keep going. So for me, energy was really important. For me the idea of decreasing my food intake was a problem because I really value my energy and my productivity in my life. I had to wrestle with that in my own heart. Was I willing to do that?

I think that we have certain idols that exist in our lives that prevent us from moving forward, whether it's moving forward in our eating or moving forward in relationships or moving forward in work to be advancing in work. We have things that are holding us back. Many of those are our own understanding that get in the way of what God would have for us.

In Proverbs 16:25 it says, *There is a way that appears to be right, but in the end it leads to death.* Now that's a scary verse for me because I've got a lot of ideas that I think are right. The passage in Proverbs 3:5-6 is calling us to think not about our own understanding but to trust in the Lord instead. I would suggest that some of our own understanding is getting in the way of our ability to trust the Lord. Sometimes our progress in life in any area is being hindered by our trusting in ourselves. There's a way that seems right to a person. A lot of things seem right to me. Just because it seems right doesn't mean it's a good idea. I need to learn how to trust God in some ways in order to do that.

I don't know about Solomon and how we started developing this idea about trust. I'm not exactly sure where it came from in his life, but I imagine he was told some stories from his father. Like my father told me stories from God's word.

Actually I was quite motivated by a story about Solomon's dad. Solomon's dad was David. I'm sure David told his son the story of how he met a giant one day and killed that giant. Do you know that giant is nine-foot, nine-inches tall the Bible tells us? You know a basketball hoop is ten feet tall? This guy didn't even have to stand on his toes. He could just drop the ball in. And here David decides, believes that God wants him to fight this giant.

So he says to the king, "I'll go do this. God has protected me from the lion and the bear. This giant is nothing compared to that. I'll go in and fight him!" So King Saul has an idea. King Saul says, "Okay. Let me bring to you my armor." So he gives him his metal underwear and then puts on the outer armor that he had. David's got this stuff on and he's saying, "I'm not comfortable with this." That's what he says to Saul.

I can imagine Saul saying, "Okay, what we need here is a different size." So as Saul goes to find this different size, David takes it all off and goes down there to the battlefield where Goliath is standing there, nine-foot, nine-inches tall.

The words he says to the giant are stunning to me because it just demonstrates faith, the kind of faith that I'm inspired by, that I want to have. He says to him, "*You come to me with a javelin and a sword and a spear, but I come to you in the name of the Lord Almighty.*" Wow. He says to Goliath, "Today you will see that *the battle is not won with the sword and the spear* but the battle is won because *the battle is the Lord's.*"

Wow. Here's a guy who has trust in the Lord. I don't know what giants God has out there for you to slay, but I do know that it is going to start by trusting the Lord and allowing Him to work in your life and take those steps out on the water that Peter took. Wow.

I think about another guy named Noah and how he built a boat for many years. He was building this boat. Many years it took him to build it. People would laugh at him and scoff at him. I think about the proverb that says *the fear of man will prove to be a snare, but whoever trusts in the Lord is kept safe*. *Fear of man will prove to be a snare*, but Noah wasn't afraid of the people. He wasn't deterred by them. He was willing to keep going. Noah built this boat and what did God do? God kept him and his whole family safe. What a strategic thing that he did for his family that he obeyed the Lord. He followed the Lord in something that I'm sure other people thought was foolish of Him to do.

When I think about Joshua who leads the people across the Jordan River and now they're at Gilgal and the next step is to go after Jericho with fortified walls. The instructions by God are to walk around, everybody (probably even the kids too) walking around the walls and coming back to the camp for six days, one time every day, and on the seventh day walk around it seven times. I can imagine the people on the walls or the people themselves saying, "This sure is silly. Why are we walking around this city?" But when they shouted and blew the trumpets, the walls fell down and God brought down the strongholds and they conquered that city that day.

See, I'm convinced that when we trust the Lord He does amazing things in our lives. We prepare.

Here's another proverb that talks about how we prepare, we get ready. The horse is made ready for the day of battle, but victory rests with the Lord. In other words, we can do all the planning we want, but God is the one who provides the victory. That's why we have to *trust in the Lord with all of our hearts*.

The word *heart* has the idea of the operating principles of who we are, the decisions that we make, the emotions that we have, the desires that we have. When we entrust that to the Lord and we give it to Him then He starts working with it in our hearts and He does amazing things. We take the heart that we have and we entrust it to God in a powerful way. I'm just amazed by what God wants to do in the midst of that.

So King Solomon is the wisest person that ever lived and he's telling us that we should trust the Lord. This is probably an accumulation of a lot of things that have happened in his life where he knew that trusting the Lord was the key to victory in life. It was the key to success. It was the key to his personal growth. It was the key, trusting in the Lord. Solomon knew that and so he chooses to share that in this passage.

He says here, *in all your ways submit to him*. The King James Version uses the word *acknowledge*. It means to see. To see Him. *In all your ways see Him*. Look for guidance. You don't have to see all the way down the path, you just have to follow the leader. God doesn't reveal the whole path all at the same time. He gives us a lamp, the word of God that guides us. The lamp just lights the part right in front of us; it doesn't light way far out there. We follow the leader, we follow the Lord, and when we follow Him then amazing things happen in our lives.

That's what it means to trust the Lord with all of our hearts. To acknowledge that He's there. To see that He's there.

I love working with young people and I counsel with young people every week. As I counsel with them I talk to them about three levels of thinking. I've shared this with you before, but it's just so meaningful to me and it's meaningful for a lot of the young people when they catch this. Level 1 thinking is when you are just eating your burrito, walking around the house, playing on your iPad or doing whatever you're doing, taking out the trash. That's your Level 1 thinking.

Level 2 thinking is when you move to the next level and you start asking responsibility questions like "What day is it today?" "What else is on my to-do list?" "What do other people think about my actions that I'm doing here?" Those are responsibility questions that all of us need to develop. Most of us adults have developed that Level 2 thinking.

But Level 3 thinking is the highest form of thinking and that is the thinking that says, "What is God doing here?" When I help a young person, I ask this question. If your mom just yelled at you and you asked the question, "What is God doing here?" that is stunning for a young person to start thinking above the things that are going on here at the moment to what is God doing?

What is God doing right now in your life as you're driving down the road, as you receive that letter or bill in the mail, as you come across this particular person? What is God doing in the midst of that? That is Level 3 thinking. When you read the news and hear about something going on in Syria, what is God doing there among the Christians? That is Level 3 thinking that we continually need to be asking ourselves. I think that's where God wants all of us to be because that's how we acknowledge Him.

In all your ways – the operating principles, all the ways that you work – *submit to him*. Acknowledge Him. Notice the word *all* is used twice in this passage. *All your heart. All your ways*. It's not just some of them.

That's why the emphasis that we have kind of in our motto of Calvary Chapel Living Hope is to take Jesus home. Because it's not just about being here on Sunday morning, it's saying I'm connected to God. It's about taking what we learn here, applying it to our lives every step of the way, every step of the path, *all your ways*. We take it home to our families, certainly, but also to our work, to our classroom. We take it to every area of our lives so that we're living a life that's trusting the Lord. We're submitting in Him, we're submitting to Him.

We recognize that things don't happen by chance. I don't even use the word 'luck.' I don't say to someone, "Good luck," because I don't believe in luck. I believe that God is in control of everything and that is why we trust Him.

In fact another one of our proverbs that deals with trust says this: *The lot is cast into the lap, but its every decision is from the Lord* (Proverbs 16:33). There's not chance when it comes to God. That's why it's so important for us to trust in Him, to allow Him to chart out the path that we're going to travel on.

Sometimes we get confused on whether we should take the small things to God, the little things to God. Does God care about the little things of our lives? Or is He just interested in the bigger things?

One woman asked her pastor about this. “Should I take the little things to God?” I really like what the pastor said to her. He said, “Do you think that for God anything that you have is big?”

No. There are not big things with God. Everything’s little. Even the things you think are really big and you bring them to God, they’re nothing compared to His character and His greatness. Yes, we take the small things, we take the big things to God. We *trust in the Lord our God with all of our hearts*. When we do that then we see that God makes the paths straight, that He’s moving us, He’s guiding us, He’s leading us.

There’s a blessing that comes to this. When we trust in the Lord we are blessed. In Proverbs 16:20 – *blessed is he who trusts in the Lord*.

Another way of saying that, another proverb that ties into this is Proverbs 18:10 that says *the name of the Lord is a strong tower; the righteous run to it and are safe*.

I think that sometimes we are hesitant to come to the Lord and entrust to Him our lives because we have trust issues. You’ve heard that statement before, right? Some people who have been abused in the past or someone has hurt them or life’s damaged them in some way, they have trust issues. So it makes it hard for them to trust a person in a relationship. It makes it hard for them to trust God. They have trust issues.

I think a lot of us have trust issues that we need to get over. God is calling us to trust in Him with all of our heart and there is a safety that’s there. Some people say life is not a safe place. Relationships are not safe. God is not safe. No. He’s saying He is. He’s safe. But we have a hard time because we have trust issues. We’re looking for some other way to satisfy us.

Imagine this. Imagine that a man is out jogging at dusk and he gets close to a cliff. He falls off and he’s hanging onto a tree, his feet are holding him up a little bit. He’s holding on, but he has no way to escape. He’s just stuck there. So he starts calling out, “Help! Help! Can anybody hear me? Help! Is there anybody there?” He calls out and he calls out and finally he hears a voice that says, “Yes, I’m here. I can hear you.”

“Oh good. Who are you? Where are you?”

He says, “I am the Lord and I’m right under you.”

“The Lord? Oh if you’ll help me I’ll be good. I’ll give you all of my life. I’ll serve you wherever I need to. Lord, I’ll do everything right.”

And God says, “Hold onto the promises for now. Let’s just get you down from there.”

“Okay. I’ll do anything. Tell me anything. Help me get out of here.”

The Lord says, “Okay. Let’s get you down from there. Let go of the branch and I’ll catch you.”
Long pause.

“Help! Help! Anybody else out there? I need some help here!”

See, I think that is what we do. God says, “I’ll help you. Trust in me with all your heart.” And we say, “Hey, are there any other options besides this? I’d like to try something else because I’m not sure this is going to work for me.”

I think God wants to do some important things inside of us that teach us what trust looks like. I think sometimes when we have these trust issues we really mess with our own hearts and we get into trouble in our lives.

This week I was working with a fifteen-year-old boy. He’s mean to his brother, so I asked him this question. He’s a Christian, so I said to him, “Does God speak to you?”

He says, “Yes.”

I said, “How does He speak to you?”

“In my heart.”

I said, “Great. So let me ask you about being kind to your brother. What does He say?”

We came to this conclusion that God tells him do the right thing, and he says, “Yeah, but I don’t want to do that.”

I said, “Oh. I understand the problem. Did you know that maturity isn’t always wanting to do the right thing? But maturity is doing the right thing even if you don’t want to. When God speaks to you, you might not want to do it, but you do it anyway because it’s the right thing to do.”

I’m going to have fun with this young man over the next several weeks as I continue to work with him and help him understand how God is working in his life right now to be kind to his annoying brother.

I would suggest that God wants to do some great things in our lives. But it requires that we sometimes do what we need to do even though we don’t want to. I think as we do that God tends to change our desires and starts to give us the desires of our heart.

The Hebrew word for *direct* here (*he will direct your paths*, or in the New International Version it says *make your paths straight*) has the idea of cutting a path through the territory. It’s like the fullback in football who says to the halfback, “Come on. Follow me. We’re going through,” and he clears a path so that halfback can run right through with that ball. I’m clearing the way for you.

It’s not that God just says, “There’s the way. Go for it,” but He clears the path. He makes the path walkable, He makes it straight for us. That’s the idea of the path or that He will direct our paths. That’s the idea here making the paths straight. He prepares the path for us. He makes it ready. “I’m going to clear the way for you. Follow me,” He says. Those righteous paths that we have are a challenge sometimes, but God leads us in those.

I want to take you out of the book of Proverbs for just a moment to one verse in the book of Psalms because I just love this. In Psalm 23 it talks about the paths of righteousness. In Psalm 23 it says, *He leads me in the paths of righteousness for his name’s sake.*

Last week when we went through sixty-three proverbs, a number of times we came up to the word *righteous*, the righteous person versus the wicked, and we put those in the category of following God. That's why I bring them back in here because the idea of righteous is following God and choosing to take those paths and go on the paths that He wants us to take. *The righteous person is rescued from trouble, and it falls on the wicked instead* (Proverbs 11:8). So that righteous person is rescued from the trouble. There's paths that are there that we need to follow.

Another proverb that talks about the same kind of idea is this. *In the way of righteousness there is life; along the path there is immortality.*

The reality is we have to realize that we are not God. We need to not trust in our own understanding. We need to trust in God, which is different from our own understanding sometimes. We can't rely on our own ingenious ideas or good ideas. We need to trust in the Lord with all of our heart in the daily interactions of our life, whatever we're going to do.

Another inspiring story for me that I enjoy from God's word is the one about Moses when he leads the people out of Israel. When the Israelites left Egypt, they were grateful to get out of something, but they didn't know where they were going. Which I think is the case in many of our lives. We just like to get out of this situation. "Take me anywhere." "Get me out of here."

They escaped from Egypt and they're heading toward the desert not knowing where they're going and they're coming up against the Red Sea. Now they have the Red Sea in front of them and the Egyptian army is coming up behind them and they are stuck. They are upset and they are doing what we do a lot of times, taking control back. "Moses, what did you do? You got us into trouble. We're in trouble. What's going to happen now?" And they start getting all upset and worried about this whole thing.

So Moses comes to them and he gives them a message that I think is the message that God would have for us. If we're going to trust Him this is the message we need for ourselves when we're caught between and we're sandwiched between this rock and a hard place out in the desert. What are going to do?

Moses answered the people, "Do not be afraid. Stand firm and you will see the deliverance the Lord will bring you today. The Egyptians you see today you will never see again. The Lord will fight for you; you need only to be still." Whoa. *Only be still.*

When the Lord says in His word, *Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight*, it applies to every area of our life. It applies to your classroom experience that you'll have tomorrow when you go to class. It applies to your finances and how you handle them. It applies to the relationships that you experience with other people. But it also applies to the stepping out in ways that God might have you expand that you maybe have a desire to do but have been afraid to do.

Don't be afraid. You may want to leave something, but where does God want you to go? God wants to do an amazing work and God does miracles in our lives when we're willing to step out

and follow Him and do what He has called us to do. *Trust in the Lord*. The greatest thing that we can do is entrust our hearts to God.

Would you bow your heads with me for just a moment. I want you to think about what God might be calling you to do, large or small. How does He want you to trust Him more in your life?

I'm not going to go verse by verse through the book of Proverbs, but over the next several weeks I am going to take topics of speech and finances and family and work and so on and do what I did today, and take them and mold them into a message of unity based on that particular subject. So that's what we're going to do over the next few weeks as we move forward in this book.

Today we also have a lunch that's available. Whether you brought food or not, please come and eat what's here. The goal is fellowship. We'll enjoy some food and fellowship together. Get to know some folks that you don't know too well and let's just have a good time getting to know each other better. Alright?

[PRAYER] Heavenly Father, we're coming before you now because you're the God of creation and you're the God who redeemed us and you're the God who's given us promises. We rely on all those things. It's out of the well of our heart that we express our gratefulness for those things to you. We want to grow and we want to learn and we want to be the people you've called us to be. So right now, Father, we dedicate our hearts to you. We ask you to speak to us, lead us, guide us this week. We ask in Jesus' name, amen.